





STUDY ABROAD UJI PROGRAM 2024/2025

INFORMATIVE SESSION

Spanish Language, Culture and Physical Activity











Who we are



Fermín Mallén

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EuroFUE-UJI





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Welcome and introduction

STUDY ABROAD



Multidisciplinary education

Through short-term stays that contribute to the personal and professional development of students from all over the world



Theory and practical training

Each course has their up-to-date theoretical study combined with applied examples in the region.







Leading professors and researchers

The courses are provided by leading professors and researchers in each field



International environment

The learning experience is enhanced by the international study environment and the immersion in the social and cultural life of Castellón.





Our campus







Virtual visit to the campus









Sports facilities





soccer fields

basketball courts

athletics track

tennis and paddle tennis courts

swimming pool







STUDY ABROAD UJI PROGRAM

Spanish Language, Culture and Physical Activity













Course Coordinators



Carlos Hernando

Physical Activity Module Coordinator



Carmina Ribés

Spanish and Culture Module Coordinator

STUDY ABROAD UJ Lifetime Knowledge





Language, Culture and Physical Activity Course Overview



Course duration: 3 weeks/63 hours:

45 hours Spanish and Culture module

18 hours Physical Activity module





Language, Culture and Physical Activity Spanish and Culture modules and methodology

	МО	TU	WE	TH	FR
Week 1 Free time and leisure	9h - 12h Jaume I Who is our university named after?	9h - 12h Our University: El Jardí dels Sentits	9h - 12h Cultural events: The auditorium	9h - 12h The language and terminology service	Final module test
Week 2 Mens sana in corpore sano	9h - 12h El trinquet: Valencian National ball game	9h - 12h UJI's Sport Service	9h - 12h Soccer at Villarreal: the sports city and soccer academy	9h - 12h Muixerangues Between tradition and modernity	Final module test
Week 3 Our Gastronomy	9h - 12h Tapas	9h - 12h Bread and art: Visit to the Adell family bakery	9h - 12h Sealife and tradition: Visit to the fishing port	9h - 12h La Paella	Final module test





Language, Culture and Physical Activity Physical activity modules and methodology

	МО	TU	WE	TH
Week 1 Free time and leisure	16h - 17:30h Physical activity: UJI & sports facilities	16h - 17:30h Castelló downtown by running or walking	16h - 17:30h Sports: Beach volleyball	16h - 17:30h Physical activity: Sport on the beach
Week 2 Mens sana in corpore sano	16h - 17:30h Physical activity: Calisthenics workout	16h - 17:30h Sports: To visit the soccer stadium of Villarreal C.F.	16h - 17:30h Physical activity: Spinning	16h - 17:30h Physical activity: From Benicasim to Oropesa
Week 3 Our Gastronomy	16h - 17:30h Sports: Soccer	16h - 17:30h Physical activity: Fitball & early mobility exercises	16h - 17:30h Sports: Basketball	16h - 17:30h Physical activity: Mountain route and cook a paella





COURSE Package

Course Structure 3 weeks/63 hours

Course Material

3 Language classes and Cultural Activities

Physical Activities Volleyball at the beach or watching a Villareal FC soccer match

Welcome & Farewell events

Course Certificate

UJI Facilities access to all university facilities including the digital learning environment and UJI library, sports facilities, all the material required to perform the physical activities and UJI medical center.

Accomodation Homestay.







Accommodation and feeding

The students will be hosted with spanish families that collaborate in our Study Abroad programme

Breakfast and dinner are included in the family fee, lunch at the University Jaume I restaurant is also included in the price

Spare time

Weekends will be free but University Jaume I will organize volunteer activities for the students who want to participate, they will not be compulsory

Health insurance, security and sports material

Health insurance is included, the campus has a security service 24 hours and the sports material such as bike rentals is also included in the price.















How does it feel being a UJI student?







Thank you for your attention

STUDY ABROAD UJ Lifetime Knowledge







www.uji.es/internacional/base/study-abroad/