

2026 Regular Medical Checkup

1. Outline

Time	Location	Eligible	Students
From April 7th, Tuesday To April 11th, Saturday 9:00AM~0:00PM (Reception 8:45AM~11:30AM) 1:15PM~5:00PM (Reception 1:00AM~4:30PM)	Takiko Campus Building No.2 1st Floor	Please see the "2026 Medical Checkup Time Schedule". The reception time is different depend on your faculty.	

※All students are required to take this regular medical checkup.

2. Inspection items

Height, Weight, Urinalysis, Blood Pressure, Eye Sight, Chest X-ray Examination, Electrocardiogram

(1) Chest X-ray Examination Chest

- X-ray examination is mandatory for 1st year students. Please tell us if you cannot take the examination.
- Also, those who had detailed examinations within 2 years or highest grade students can take the examination.
- X-ray examinees should come in plain, lightweight T-shirts that are easy to put on and take off.

(2) Electrocardiogram

- 1st year students can take Electrocardiogram.
- Also, those who had detailed examinations within 2 years or belong to athletic clubs can take the examination.
- Examinees must take off stockings and tights during the examination.
- Those who would like to take (1) or (2) examination must apply for on the checkup day. It is not permitted to take them additionally on another day.



3. List of items

- ①Please bring student ID card. If needed, please bring your glasses.
- ②Please print out the "学生定期健康診断 受検票 / Medical Checkup Record " and Questionnaire from Live Campus, fill out the required information including body temperature and bring it on medical checkup.
- ③Please receive the urinalysis kit at your academic affairs office. You can take urinalysis when having your period. Please collect urine by using the kit in morning of medical checkup day and bring it.
- ④If you cannot take on designated time, please contact International Exchange Center.

4. Notes

- If you have a fever or cough, please take medical checkup on another day.
- Please take your own infection prevention measures (such as washing your hands and wearing a mask).
- The urine test can be taken even during menstruation. If you are unable to provide a urine sample, please take the test on another day.
- Please wear clothing and shoes that are easy to put on and take off to be conducted smoothly.



5. Extra date of medical checkup

- If you cannot take the medical checkup on the above date, please take on extra date.
- Location: A medical examination center designated by the university
- Period: On a date designated by the university on or after April 13 (Mon).
- How to take: Please contact and make a reservation with the medical examination center (only in Japanese). Please note that if you don't have a reservation, you will be charged a fee.
- Details such as the examination location and period will be announced on the website and the academic affairs information system after April 11.
- You must bring your student ID and urine sample. Transportation costs will be borne by the student.
- If you do not take the examination during the make-up period, you must take it individually (at your own expense) and submit a copy of the examination results to the Health Care Center.
- If it is difficult to make a reservation by yourself, please contact NCU International Exchange Center.

6. Health Certificate

- You can get the certificate of medical checkup from certificate issuing machine about 1 month later.
- If there are any items that you did not complete (such as the urine test), a certificate cannot be issued.
- Please note that the results of the electrocardiogram (ECG) test will not be included in the certificate.

《Inquiry》 International Exchange Center Phone: 052-872-5163

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